

WHAT SHERI'S CLIENTS AND COLLEAGUES HAVE TO SAY

"Everyone who works from home will find Sheri's book full of practical advice, piercing insight and heart-warming guidance."

Grace Cirocco, International Speaker and Author, Take the Step, the Bridge will be There

"I first started working with Sheri in September, 2011 during a period of my life when I seemed to be going through significant changes. In a span of three years I had left my career as an international management consultant in mergers and acquisitions, moved back to Canada, started a personal training business, obtained my Bachelor of Education, and when we started working together I was just starting my new career as a high school teacher.

I felt overwhelmed by the transition from the private sector to the public sector world of education. The normal stresses associated with the high learning curve of being a first year teacher were compounded by the fact that I had entered a school with a change in leadership, and I was still running my personal training business. I needed help and I knew who to call.

I met Sheri when I became a member of the Mississauga chapter of Women for Women and I was always inspired by her teachings when she facilitated our chapter's Master Mentor Meetings. I knew she was the perfect person to help me during my career transition. As soon as I reached out to Sheri for coaching, she immediately made me feel at ease. She gave me the confidence to believe that I would be able to cope with the stress I was under and more importantly she made me feel like I wasn't alone.

Sheri was there for me! There were a number of times when I would pick up the phone without a scheduled appointment, because I just needed to talk. Sheri would display her usual calm and patience, which would make a challenge that seemed insurmountable so easy to cope with, simply by her ability to help change my perspective of the situation.

Sheri taught me to view my challenges as 'learning opportunities' and my feelings of stress and helplessness would change to excitement at tackling the situations laid in front of me. I began to realize that I was being given an informal education in important leadership skills, which no official degree or diploma from an institute of higher education could give me."

Joti Jando

High School Teacher, Business

"This book is invaluable to anyone wanting to succeed in a home-based business. Sheri truly walks her talk with humility and unyielding ethics. She has taken her many years of experience and coaching, and created an inspirational 'how-to' plan for anyone to follow and see their dream of "working from home and making it work" a reality."

Carla Crothers, PhD.

Cookbook Author, Carla's Canadian Comfort Food

"Sheri Andrunyk is a committed and passionate leader, coach, and business entrepreneur. The spirited intention she has to better herself, her business, and the path of all those whom she touches seems to know

no bounds! Despite how long you've known Sheri, whether for a moment or a lifetime; she has a gift for making you feel like you've known her forever! From the first time she sits in your company, you will recognize that there is an intention, a concentration, and a sincere interest in who you are; and in that moment, a communication and a connection between two beautiful souls will have transpired with little effort. In her ongoing effort to connect with fellow entrepreneurs, Sheri has now put together this creative compilation of essays, exercises, and stories that will inspire and direct you to create the home business that you desire for yourself. There is no doubt that this book is a 'keep close' guide; and if you didn't know Sheri before you read it, by the time you are completed, you will certainly feel that she knows you!"

*Cheryl Moore
Social Worker, Holistic Health Practitioner, and Fellow Home-based Entrepreneur*

"*Sheri's book is a 'must-read'*; it provides useful and practical tools, guidance, techniques and inspiration for those of us who are growing our own businesses and following our dreams and passions, while juggling the many aspects of work and life. Thank you, Sheri, for imparting your wisdom, lived experience and for your support along the journey; as you say, the 'best is yet to come'!"

*Terri Segal
Expressive Arts Therapist, Facilitator and Educator
Owner/Director, Rhythmic by Nature*

"Sheri has captured the essence of what you need to know in order to do as the title says, 'Working From Home & Making It Work'. Sheri lays out the steps and explains the details behind them. My favourite chapter is 'Leadership' because it hits home that in order to be an effective leader of others; you must have your own path figured out. If you truly want to make your business successful, *especially if home-based*, then this book is a must read!"

*Bob Kyriakides
Digital Hero*

"Sheri truly exemplifies 'working from home and making it work'. This book really provides good insight and tips to do just that, from someone who has been there and done it, Sheri Andrunyk.

I know Sheri to be a very understanding and giving person, always ready to lend a hand or give a good piece of advice when asked. Sheri is a trail blazer. She has been successful in all the businesses she has developed. I am amazed at her tenacity and her ability to form groups and bring them together. I am especially grateful for the work she has done to create the Master Mentors mastermind and networking chapters. This is a wonderful opportunity for women to get together to mentor and inspire each other. Thank you, Sheri, for all you do. You are truly a remarkable woman."

*Karen Thompson
District Manager, Arbonne International
Franchise Owner, Cartridge World*